

Several people have asked how & when the Group started

- in answer, the following piece is reprinted from an article first published in The Rambler, national magazine of the Ramblers' Association

The idea for Derbyshire Family Rambling Group came from a Ramblers' Association Family Rambling Day back in 1997 when more than 130 people turned up. It was obvious that parents wanted walks organised with children in mind, and the Group grew from there. Walking is good exercise and also relaxing - a break from the stress and routine of daily lives. Children especially are walking less and less these days and need physical exercise more than ever.

Around 100 families have taken part in walks over the past five years, enjoying day trips as well as Youth Hostel weekends. In 2000 & 2001, 52 families with children ranging from three to 14 years old walked with the Family Rambling Group. Parents and grand-parents brought children. Walks usually attract about 30-40 people, over half children. One walk was devised & led by then-seven year old Heather Smith, who wanted to show other children one of her favourite valleys.

The children love the outdoors. Our walks are at a relaxed pace so they have plenty of time to stop off and explore, play games or do a light-hearted nature quiz. The emphasis is on having fun and the youngsters get to meet others of their own age and make good friends. Many of the parents who come were keen walkers before starting a family, and the group has given them the opportunity to renew their interest, at the same time as sharing a love of walking with their children.

Heard on a walk...

Why is that blanket walking across the field? - on seeing a horse with blanket  
Samuel Law aged 3

## Youth hostel weekends

Hostel weekends so far...30-70 people staying overnight, with more coming for a day walk.

September	1999	Sherwood Forest, Edwinstowe
March	2000	Ilam Hall
Sept.	2000	Youlgreave
January	2001	Eyam Hall
September	2001	Gradbach
April	2002	Boggle Hole, Robin Hood's Bay, Yorkshire
September	2002	Hartington Hall
April	2003	Derwentwater, near Keswick
October	2003	Castleton

Walks both Saturday & Sunday, with evening quizzes (for adults & children) & time to socialise.

## Heather everywhere!

Heather seems to be the most popular girls' name in the Family Rambling Group...

On the Hartington youth hostel weekend - 2 mothers & 3 girls named Heather!

## 2002 Family Walks

In 2002 we've enjoyed the following walks:



Well done to the following children who have walked over 40 miles with the Family Rambling Group in 2002:  
Daniel & Rebecca Beesley, Sarah Winder, Heather & Craig Osborne, Holly & Sarah Plunkett.

### Brownie family ramblers

Brownie Walker badges (stage 1) awarded to Sarah & Holly Plunkett and Heather Osborne.

### Two views on walking...

The only exercise I take is walking behind the coffins of friends who took exercise. *Peter O'Toole*

If you walk hard enough you probably don't need any other God. - *Bruce Chatwin*

reprinted from British Medical Journal 7.9.02

### Derbyshire Family Rambler

sent annually to everyone in the Family Rambling Group

All contributions, drawings & jokes etc. welcome for the Children's Page of the 2004 edition of the Derbyshire Family Rambler. [email](#)

### Derbyshire Area News

sent to all members of the Ramblers' Association living in Derbyshire

Derbyshire Area Newsletter summer 2003 has also asked if anyone from the Family Rambling Group can send jokes (or other items). [email](#)

### Feedback

Any other offers, thoughts or suggestions please [email](#)

# Children's Pages

## Family Rambling Jokes

Why do cows lie down in the rain? To keep each udder warm!

What's black and white and brown all over? - a cow in a muddy field!

**How do you count cows? - With a cowculator!**

*Knock, knock, who's there? I don't know, who is there?*

*Cow Cow who?*

*Don't be silly, cows don't go "who?", they go "moo!"*

where does a poorly horse go? - to horspital!!

What do you call a donkey with 3 legs? A wonky donkey!

"Doctor, doctor, I'm feeling like a bridge today" Dr.: "I wonder what's come over you"  
"Nine Ramblers and a dog!"

*Why is it easy for fish to weigh themselves? Because they all come with their own scales!*

Why did the man walk along the wall carrying a sandwich?  
- because he liked a well-balanced diet!

Alexander Law aged 8

Why did the one-handed boy cross the road? - to get to the second-hand shop!

Two fish were swimming in the river. It was raining.  
One fish said to the other: "Let's swim under this bridge before we get wet!"

Where does a snake go shopping? a ssss..upermarket!

Why didn't the butterfly go to the ball? 'Cos it was a mothball!  
Why didn't the skeleton go on the Family Ramble? 'Cos it was lazybones!

**What do you get if you pour hot water down a rabbit hole? - a hot cross bunny!**

**TWO PACKETS OF CRISPS ARE WALKING DOWN A ROAD. A CAR STOPS, AND THE DRIVER ASKS IF HE CAN OFFER THEM A LIFT. REPLY: NO THANKS, WE'RE WALKERS!**

What do you get if you cross a kangaroo with a sheep? A woolly jumper!

Which is faster, Hot or Cold? Hot- it caught Cold!

## New boots

Congratulations to Heather Smith, aged 9, who won a pair of new walking boots, and saw her name in print in the current edition on the Junior Rambler page of The Rambler.  
Heather was one of 3 national winners in the Sounds Familiar competition - have a go yourself!

# Children's Pages

## Sounds familiar?

Draw a line to match each animal & the sound it makes .

Bleat	Owl
Low	Chicken
Neigh	Sheep
Hoot	Cow
Bray	Bee
Cluck	Crow
Bark	Horse
Buzz	Donkey
Quack	Goose
Caw	Dog
Honk	Duck

More please! - ??

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Derbyshire Area Newsletter summer 2003 has also asked if anyone from the Family Rambling Group can send any jokes (or other items). Please send some to the new editor!

[email](#)

### The Rambler

sent to all members of the Ramblers' Association in Great Britain